# Cummings Otolaryngology Head & Neck Surgery

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# Cummings Otolaryngology Head & Neck Surgery

#### FIFTH EDITION

#### Paul W. Flint, M.D.

Professor and Chair Department of Otolaryngology–Head and Neck Surgery Oregon Health and Science University Portland, Oregon

#### Bruce H. Haughey, M.B.Ch.B., F.A.C.S., F.R.A.C.S.

Professor and Director Head and Neck Surgical Oncology Department of Otolaryngology–Head and Neck Surgery Washington University School of Medicine St. Louis, Missouri

#### Valerie J. Lund, C.B.E., M.S., F.R.C.S., F.R.C.S.Ed.

Professor of Rhinology University College London Honorary Consultant ENT Surgeon Royal National Throat, Nose, and Ear Hospital Royal Free Hospital Moorfields Eye Hospital London, United Kingdom

## John K. Niparko, M.D.

George T. Nager Professor

Department of Otolaryngology–Head and Neck Surgery

Director

Divisions of Otology, Neurotology, Skull Base Surgery, and

Audiology

Johns Honkins University School of Medicine

Johns Hopkins University School of Medicine Baltimore, Maryland

## Mark A. Richardson, M.D.

Professor Department of Otolaryngology–Head and Neck Surgery Dean School of Medicine Oregon Health and Science University

#### K. Thomas Robbins, M.D.

Portland, Oregon

Director

SimmonsCooper Cancer Institute at Southern Illinois University Professor

Division of Otolaryngology–Head and Neck Surgery Southern Illinois University School of Medicine Springfield, Illinois

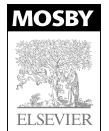
# J. Regan Thomas, M.D.

Francis L. Lederer Professor and Chairman Department of Otolaryngology–Head and Neck Surgery University of Illinois at Chicago Chicago, Illinois

## Illustrator:

#### Tim Phelps, M.S., F.A.M.I.

Associate Professor and Medical Illustrator Art as Applied to Medicine Johns Hopkins University School of Medicine Baltimore, Maryland





1600 John F. Kennedy Blvd Suite 1800 Philadelphia, PA 19103-2899

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# **Contributors**

#### Waleed M. Abuzeid, M.B.B.S.

Resident
Department of Surgery
University of Michigan Health System
Ann Arbor, Michigan

#### Meredith E. Adams, M.D.

Professor and Head

Fellow
Division of Otology and Neurotology
Department of Otolaryngology
University of Michigan Medical Center
Ann Arbor, Michigan

#### Peter A. Adamson, M.D., F.R.C.S.C., F.A.C.S.

Division of Facial Plastic and Reconstructive Surgery
Department of Otolaryngology–Head and Neck Surgery
University of Toronto Faculty of Medicine
Staff Surgeon
University Health Network
Toronto General Hospital
Toronto, Ontario, Canada

## Antoine Adenis, M.D., Ph.D.

Professor of Medical Oncology Catholic University Chief Department of Gastrointestinal Oncology Centre Oscar Lambret Lille, France

#### Seth Akst, M.D.

Assistant Professor Department of Anesthesiology and Critical Care Medicine George Washington University School of Medicine and Health Sciences

Washington, D.C.

# Sheri L. Albers, D.O.

Fellow

Pain Management and Spinal Interventional Neuroradiology University of California, San Diego, School of Medicine UC San Diego Medical Center La Jolla, California VA San Diego Medical Center San Diego, California

#### David Albert, M.B.B.S., F.R.C.S.

Honorary Senior Lecturer University College London Institute of Child Health Lead Clinician ENT Department Great Ormond Street Hospital for Children London, United Kingdom

## Ronda E. Alexander, M.D.

Assistant Professor Department of Otolaryngology–Head and Neck Surgery University of Texas Health Science Center at Houston Houston, Texas

## Sue Archbold, M.Phil.

CEO

The Ear Foundation Nottingham, United Kingdom

## William B. Armstrong, M.D.

Associate Professor
Department of Otolaryngology–Head and Neck Surgery
University of California, Irvine, School of Medicine
Irvine, California

## Moisés A. Arriaga, M.D., F.A.C.S.

Clinical Professor and Director
Division of Otology and Neuro-otology
Department of Otolaryngology and Neurosurgery
Louisiana State University Health Sciences Center School of
Medicine at New Orleans
New Orleans, Louisiana
Director
Hearing and Balance Center
Our Lady of the Lake Regional Medical Center
Baton Rouge, Louisiana

Department of Cochlear Implants and Neurotology Children's Hospital New Orleans New Orleans, Louisiana

#### H. Alexander Arts, M.D.

Professo

Department of Otolaryngology and Neurosurgery University of Michigan Medical School Ann Arbor, Michigan

## Yasmine A. Ashram, M.D., D.A.B.N.M.

Assistant Professor Department of Physiology University of Alexandria School of Medicine Surgical Neurophysiologist Alexandria University Hospital Alexandria, Egypt

### Jonathan E. Aviv, M.D., F.A.C.S.

Clinical Professor Department of Otolaryngology Mount Sinai School of Medicine Clinical Director Voice and Swallowing Center ENT and Allergy Associates New York, New York

## Nafi Aygun, M.D.

**Assistant Professor** 

Department of Radiology

Neuroradiology Division

Johns Hopkins University School of Medicine

Baltimore, Maryland

## Douglas D. Backous, M.D., F.A.C.S.

Director

Listen For Life Center

Virginia Mason Medical Center

Seattle, Washington

Department of Otolaryngology-Head and Neck Surgery

Madigan Army Medical Center

Fort Lewis, Washington

#### Shan R. Baker, M.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

University of Michigan Medical School

Ann Arbor, Michigan

Chief

Facial Plastic and Reconstructive Surgery

University of Michigan Center for Facial Cosmetic Surgery

Livonia, Michigan

#### Thomas J. Balkany, M.D., F.A.C.S., F.A.A.P.

Hotchkiss Professor and Chair

Department of Otolaryngology

Professor of Neurological Surgery and Pediatrics

University of Miami Miller School of Medicine

Chief of Service

Division of Otology

Jackson Memorial Hospital

Miami, Florida

## Robert W. Baloh, M.D.

Professor

Department of Neurology and Otolaryngology

David Geffen School of Medicine at UCLA

Director

Neuro-otology Program

Department of Neurology

Ronald Reagan UCLA Medical Center

Los Angeles, California

## Julie Barkmeier-Kraemer, Ph.D.

Associate Professor

Department of Speech, Language, and Hearing Sciences

University of Arizona College of Medicine

Tucson, Árizona

## Fuad M. Baroody, M.D., F.A.C.S.

Professor

Department of Otolaryngology-Head and Neck Surgery

Department of Pediatrics

University of Chicago Pritzker School of Medicine

Chicago, Illinois

#### Nancy L. Bartlett, M.D.

Professor

Department of Medicine

Division of Oncology

Washington University in St. Louis School of Medicine

Medical Oncologist

Siteman Cancer Center

St. Louis, Missouri

## Jonathan Z. Baskin, M.D.

Assistant Professor

Department of Otolaryngology

Case Western Reserve University School of Medicine

Section Chief

Department of Otolaryngology-Head and Neck Surgery

Cleveland VA Medical Center

Attending Physician

Rainbow Babies and Children's Hospital

Cleveland, Ohio

## Robert W. Bastian, M.D.

Clinical Professor

Department of Otolaryngology

Loyola University School of Medicine

Chicago, Illinois

Founder and Director

Bastian Voice Institute

Downers Grove, Illinois

## Carol A. Bauer, M.D.

Professor of Surgery

Division of Otolaryngology-Head and Neck Surgery

Southern Illinois University School of Medicine

Springfield, Illinois

## Michael S. Benninger, M.D.

Professor

Cleveland Clinic Lerner School of Medicine

Case Western Reserve University

Chairman

Head and Neck Institute

The Cleveland Clinic

Cleveland, Ohio

# Prabhat K. Bhama, M.D.

Resident and Research Fellow

University of Washington Medical Center

Seattle, Washington

#### Nasir Islam Bhatti, M.D., F.A.C.S., F.R.C.S.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins University School of Medicine

Baltimore, Maryland

# Andrew Blitzer, M.D., D.D.S.

Professor

Department of Clinical Otolaryngology

Columbia University College of Physicians and Surgeons

Director

New York Center for Voice and Swallowing Disorders

Attending

Department of Otolaryngology

St. Luke's Roosevelt Hospital Center

New York, New York

## Simone Boardman, M.B.B.S., F.R.A.C.S.(OHNS)

Great Ormond Street Hospital London, United Kingdom

## Emily F. Boss, M.D.

Assistant Professor

Department of Otolaryngology

Division of Pediatric Otolaryngology

Johns Hopkins University School of Medicine

Baltimore, Maryland

## Derald E. Brackmann, M.D.

Clinical Professor

Department of Otolaryngology-Head and Neck Surgery

David Geffen School of Medicine at UCLA

Clinical Professor

Department of Neurological Surgery

University of Southern California Keck School of Medicine

President

House Ear Clinic

Los Angeles, California

## Carol R. Bradford, M.D., F.A.C.S.

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

University of Michigan Medical School

Ann Arbor, Michigan

#### Barton F. Branstetter, IV, M.D.

Associate Professor

Departments of Radiology, Otolaryngology, and Biomedical

Informatics

University of Pittsburgh School of Medicine

Director

Head and Neck Imaging

University of Pittsburgh Medical Center

Pittsburgh, Pennsylvania

#### Edward B. Braun, M.D.

Assistant Professor

Department of Anesthesiology

University of Kansas School of Medicine

University of Kansas Hospital

Kansas City, Kansas

# Robert J. S. Briggs, M.B.B.S., F.R.A.C.S.

Clinical Associate Professor

Department of Otolaryngology

The University of Melbourne Faculty of Medicine

Melbourne, Australia

## Hilary A. Brodie, M.D., Ph.D.

Professor and Chair

Department of Otolaryngology

University of California, Davis, School of Medicine

**UC Davis Medical Center** 

Sacramento, California

#### Carolyn J. Brown, Ph.D.

Professor

Department of Communication Sciences and Disorders

Department of Otolaryngology-Head and Neck Surgery

University of Iowa Carver College of Medicine

Iowa City, Iowa

## David J. Brown, M.D.

Assistant Professor of Otolaryngology

Medical College of Wisconsin

Children's Hospital of Wisconsin

Milwaukee, Wisconsin

#### Kevin D. Brown, M.D., Ph.D.

Assistant Professor

Department of Otolaryngology

Weill Cornell Medical College

Assistant Attending Otorhinolaryngologist

NewYork-Presbyterian Hospital

New York, New York

## J. Dale Browne, M.D, F.A.C.S.

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

Wake Forest University School of Medicine

Winston-Salem, North Carolina

#### John M. Buatti, M.D.

Professor and Head

Department of Radiation Oncology

University of Iowa Carver College of Medicine

University of Iowa Hospitals and Clinics

Iowa City, Iowa

#### Luke Buchmann, M.D.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

University of Utah School of Medicine

Salt Lake City, Utah

## Patrick J. Byrne, M.D.

Associate Professor

Departments of Otolaryngology-Head and Neck Surgery and

Dermatology

Johns Hopkins University School of Medicine

Director

Division of Facial Plastic and Reconstructive Surgery

Johns Hopkins Hospital

Baltimore, Maryland

## Gabriel G. Galzada, M.D.

Department of Head and Neck Surgical Oncology

Kaiser Permanente

Downey, California

## John P. Carey, M.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Division of Otology, Neurotology, and Skull Base Surgery

Johns Hopkins University School of Medicine

Baltimore, Maryland

## Margaretha L. Casselbrant, M.D., Ph.D.

Eberly Professor of Pediatric Otolaryngology

Department of Otolaryngology

University of Pittsburgh School of Medicine

Director

Department of Pediatric Otolaryngology

Children's Hospital of Pittsburgh of UPMC

Pittsburgh, Pennsylvania

## Paolo Castelnuovo, M.D.

Professor

University of Insubria

Chairman

Ospedale di Circolo e Fondazione Macchi

Varese, Italy

## Steven Chang, M.D.

Resident

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins Medical Institutions

Baltimore, Maryland

## Burke E. Chegar, M.D.

Clinical Assistant Professor

Department of Dermatology

Indiana University School of Medicine

Indianapolis, Indiana

Director

Center for Facial Plastic Surgery-Head and Neck Surgery

Fayette Regional Health System

Connersville, Indiana

#### Amy Chen, M.D., M.P.H.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

**Emory School of Medicine** 

Atlanta, Georgia

#### Eunice Y. Chen, M.D., Ph.D.

Assistant Professor

Dartmouth Medical School

Hanover, New Hampshire

Pediatric Otolaryngologist

Dartmouth Hitchcock Medical Center

Lebanon, New Hampshire

#### Theodore Chen, M.D.

Department of Head and Neck Surgery

Kaiser Permanente Los Angeles Medical Center

Los Angeles, California

## Douglas B. Chepeha, M.D., M.P.H.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

University of Michigan Medical School

Director

Microvascular Program

A. Alfred Taubman Health Care Center

Ann Arbor, Michigan

## Alice Cheuk, M.D.

Resident Physician

Los Angeles County Hospital and USC Medical Center

Los Angeles, California

## Neil N. Chheda, M.D.

**Assistant Professor** 

Department of Otolaryngology

Division of Laryngology

University of Florida College of Medicine

Shands at the University of Florida

Gainesville, Florida

#### Wade Chien, M.D.

Clinical Fellow

Department of Otolaryngology

Johns Hopkins University School of Medicine

Johns Hopkins Hospital

Baltimore, Maryland

#### Sukgi S. Choi, M.D.

Professor

Departments of Otolaryngology and Pediatrics

George Washington University School of Medicine and Health

Sciences

Vice Chief

Department of Pediatric Otolaryngology

Children's National Medical Center

Washington, D.C.

## Richard A. Chole, M.D., Ph.D.

Lindburg Professor and Head

Department of Otolaryngology-Head and Neck Surgery

Washington University in St. Louis School of Medicine

Chief of Staff

Department of Otolaryngology

Barnes-Jewish Hospital

St. Louis, Missouri

#### James M. Christian, D.D.S., M.B.A.

Visiting Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins University School of Medicine

Director

Division of Dentistry and Oral Surgery

Johns Hopkins Hospital

Baltimore, Maryland

## Eugene A. Chu, M.D.

Clinical Instructor in Rhinology and Sinus Surgery

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins University School of Medicine

Baltimore, Maryland

## Martin J. Citardi, M.D.

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

University of Texas Medical School at Houston

Chief

Otorhinolaryngology

Memorial Hermann-Texas Medical Center

Houston, Texas

#### Marc A. Cohen, M.D.

Resident

Department of Otorhinolaryngology-Head and Neck Surgery

University of Pennsylvania Health System

Philadelphia, Pennsylvania

## Savita Collins, M.D.

Physician

Departments of Otolaryngology-Head and Neck Surgery and

Audiology

South Bend Clinic

South Bend, Indiana

## Nancy A. Collop, M.D.

Professor

Department of Medicine

Division of Pulmonary/Critical Care Medicine

Johns Hopkins University School of Medicine

Medical Director

Sleep Disorders Center

Johns Hopkins Hospital

Baltimore, Maryland

#### Philippe Contencin, M.D., Ph.D.

Senior Consultant

Department of Otorhinolaryngology Hôpital Necker

Paris France

Paris, France

#### Raymond Cook, M.D.

**Assistant Professor** 

Department of Otolaryngology-Head and Neck Surgery

University of North Carolina at Chapel Hill School of Medicine

Chapel Hill, North Carolina

WakeMed Health and Hospitals

Raleigh, North Carolina

## Jacquelynne Corey, M.D.

Professor of Surgery

Department of Otolaryngology-Head and Neck Surgery

University of Chicago Pritzker School of Medicine

Director

**ENT Allergy Program** 

University of Chicago Medical Center

Chicago, Illinois

## Robin T. Cotton, M.D., F.A.C.S., F.R.C.S.C

Professor

Department of Otolaryngology-Head and Neck Surgery

University of Cincinnati College of Medicine

Director

Pediatric Otolaryngology-Head and Neck Surgery

Cincinnati Children's Hospital

Cincinnati, Ohio

## Marion Everett Couch, M.D., Ph.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

University of North Carolina at Chapel Hill School of Medicine

Chapel Hill, North Carolina

# Mark S. Courey, M.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

Director

Division of Laryngology

University of California, San Francisco, School of Medicine

Director

UCSF Voice and Swallowing Center

San Francisco, California

## Benjamin T. Crane, M.D., Ph.D.

Assistant Professor

Departments of Otolaryngology and Neurobiology

University of Rochester School of Medicine and Dentistry

Department of Otolaryngology

Strong Memorial Hospital

Rochester, New York

## Roger L. Crumley, M.D.

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

University of California, Irvine, School of Medicine

Orange, California

#### Oswaldo Laércio M. Cruz, M.D.

Associate Professor and Chief

Division of Otology-Neurotology

Department of Otolaryngology

Federal University of São Paulo

São Paulo, Brazil

#### Frank Culicchia, M.D.

Professor and Chair

Department of Neurosurgery

Louisiana State University Health Sciences Center

New Orleans, Louisiana

# Charles W. Cummings, M.D.

Distinguished Professor

Johns Hopkins University School of Medicine

**Executive Medical Director** 

Johns Hopkins International

Baltimore, Maryland

#### Calhoun D. Cunningham, III, M.D.

Assistant Consulting Professor of Surgery

Division of Otorhinolaryngology-Head and Neck Surgery

Duke University School of Medicine

Durham, North Carolina

Associate Physician

Carolina Ear and Hearing Clinic

Raleigh, North Carolina

## Greg E. Davis, M.D., M.P.H.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

University of Washington School of Medicine

Seattle, Washington

#### Larry E. Davis, M.D.

Distinguished Professor of Neurology

Research Professor

Departments of Neuroscience and Molecular Genetics and

Microbiology

University of New Mexico School of Medicine

Chief

Neurology Service

New Mexico VA Health Care System

Albuquerque, New Mexico

#### Terry A. Day, M.D.

Professor and Clinical Vice Chair

Department of Otolaryngology-Head and Neck Surgery

Medical University of South Carolina

Charleston, South Carolina

#### Antonio De la Cruz, M.D.

Clinical Professor

Department of Otolaryngology-Head and Neck Surgery

University of Southern California Keck School of Medicine

Director of Education

House Far Clinic

Los Angeles, California

#### Charles C. Della Santina, M.D., Ph.D.

Associate Professor

Departments of Otolaryngology-Head Neck Surgery and

Biomedical Engineering

Director

Vestibular NeuroEngineering Laboratory

Division of Otology, Neurotology, and Skull Base Surgery

Johns Hopkins School of Medicine

Baltimore, Maryland

## Chadrick Denlinger, M.D.

Assistant Professor

Department of Surgery

Medical University of South Carolina

Charleston, South Carolina

#### Craig S. Derkay, M.D., F.A.A.P., F.A.C.S.

Professor of Otolaryngology and Pediatrics

Vice Chair

Department of Otolaryngology

Eastern Virginia Medical School

Director of Pediatric Otolaryngology Children's Hospital of the King's Daughters

Norfolk, Virginia

## Rodney C. Diaz, M.D.

Assistant Professor of Otology, Neurotology, and Skull Base Surgery

Department of Otolaryngology-Head and Neck Surgery

## Robert A. Dobie, M.D.

Professor

Department of Otolaryngology–Head and Neck Surgery University of California, Davis, School of Medicine Sacramento, California

## Suzanne K. Doud Galli, M.D., Ph.D.

Department of Otolaryngology Inova Fairfax Hospital Washington, D.C.

## Newton O. Duncan, M.D.

Clinical Assistant Professor

Departments of Otorhinolaryngology and Pediatrics

Baylor College of Medicine

Attending Surgeon

Texas Children's Hospital

Houston, Texas

## Scott D. Z. Eggers, M.D.

Assistant Professor

Department of Neurology

Mayo Medical School

Ann Arbor, Michigan

Associate

Department of Neurology

Mayo Clinic

Rochester, Minnesota

#### Avraham Eisbruch, M.D.

Professor

Department of Radiation Oncology

University of Michigan Medical School

Associate Chair of Clinical Research

University of Michigan Health System

Ann Arbor, Michigan

## David W. Eisele, M.D., F.A.C.S.

Professor and Chair

Department of Otolaryngology–Head and Neck Surgery University of California, San Francisco, School of Medicine San Francisco, California

## Hussam K. El-Kashlan, M.D.

Associate Professor

Department of Otolaryngology

University of Michigan Medical School

Medical Director

Vestibular Testing Center

University of Michigan Health System

Ann Arbor, Michigan

#### Ravindhra G. Elluru, M.D., Ph.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

University of Cincinnati College of Medicine

Division of Pediatric Otolaryngology

Cincinnati Children's Hospital

Cincinnati, Ohio

#### Kevin H. Ende, M.D.

Clinical Instructor

Plastic Surgery and Facial Surgery

University of California, San Francisco, School of Medicine

San Francisco, California

# Audrey B. Erman, M.D.

Resident

Department of Otolaryngology

University of Michigan Health System

Ann Arbor, Michigan

## Samer Fakhri, M.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

University of Texas Medical School at Houston

Houston, Texas

## Carole Fakhry, M.D., M.P.H.

Resident

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins Hospital

Baltimore, Maryland

## Edward H. Farrior, M.D.

Visiting Clinical Associate Professor

Department of Otolaryngology

University of Virginia School of Medicine

Charlottesville, Virginia

Founder and Physician

Farrior Facial Plastic and Cosmetic Surgery Center

Tampa, Florida

#### Richard T. Farrior, M.D.

Boca Grande, Florida

## Russell A. Faust, M.D., Ph.D.

Assistant Professor

Department of Otolaryngology, College of Medicine

Department of Oral Triology, College of Dentistry

The Ohio State University

Staff Attending Physician

Department of Otolaryngology

Nationwide Children's Hospital Columbus. Ohio

#### Berrylin J. Ferguson, M.D.

Associate Professor

Department of Otolaryngology

University of Pittsburgh School of Medicine

Director

Division of Sino-Nasal Disorders and Allergy

University of Pittsburgh Medical Center

Pittsburgh, Pennsylvania

#### Paul W. Flint. M.D.

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

Oregon Health and Science University

Portland, Oregon

#### Howard W. Francis, M.D.

Associate Professor

Residency Program Director

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins University School of Medicine

Baltimore, Maryland

#### Marvin P. Fried, M.D.

Professor and University Chairman

Albert Einstein College of Medicine

Department of Otorhinolaryngology-Head and Neck Surgery

Montefiore Medical Center

Bronx, New York

#### David R. Friedland, M.D., Ph.D.

Associate Professor

Department of Otolaryngology and Communication Sciences

Chief

Division of Otology and Neuro-otologic Skull Base Surgery

Medical College of Wisconsin

Milwaukee, Wisconsin

#### Oren Friedman, M.D.

Assistant Professor

Department of Otolaryngology

Mayo Medical School

Director

Facial Plastic and Reconstructive Surgery

Mayo Clinic

Rochester, Minnesota

## John L. Frodel, Jr., M.D., F.A.C.S.

Clinical Professor

Department of Otolaryngology-Head and Neck Surgery

Temple University School of Medicine

Philadelphia, Pennsylvania

Associate

Geisinger Medical Center

Danville, Pennsylvania

## Gerry F. Funk, M.D., F.A.C.S.

Professo

Department of Otolaryngology-Head and Neck Surgery

University of Iowa Carver College of Medicine

Director

Division of Head and Neck Oncology

University of Iowa Hospitals and Clinics

Iowa City, Iowa

## Bruce J. Gantz, M.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

University of Iowa Carver College of Medicine

Head

Department of Otolaryngology-Head and Neck Surgery

University of Iowa Hospitals and Clinics

Iowa City, Iowa

#### C. Gaelyn Garrett, M.D.

Professor

Vanderbilt University School of Medicine

Medical Director

Vanderbilt Voice Center

Nashville, Tennessee

#### Jackie Gartner-Schmidt, Ph.D.

Assistant Professor

Department of Otolaryngology

University of Pittsburgh School of Medicine

Associate Director

University of Pittsburgh Voice Center

**UPMC** Mercy Hospital

Pittsburgh, Pennsylvania

## William Donald Gay, D.D.S.

Hawes Professor of Maxillofacial Prosthetics (retired)

Department of Otolaryngology

Washington University in St. Louis School of Medicine

Attending Dentist

Barnes Hospital

St. Louis, Missouri

## Norman N. Ge, M.D., M.S.E.E., F.A.C.S.

Associate Professor

Department of Otolaryngology

University of California, Irvine, School of Medicine

Orange, California

Chief

Department of Head and Neck Surgery

VA Long Beach Healthcare System

Long Beach, California

## M. Boyd Gillespie, M.D., M.S.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Medical University of South Carolina

Charleston, South Carolina

# Douglas A. Girod, M.D., F.A.C.S.

Professor and Russell E. Bridwell Chair

Department of Otolaryngology-Head and Neck Surgery

Senior Associate Dean for Clinical Affairs

University of Kansas School of Medicine

University of Kansas of Medical Center

Kansas City, Kansas

## George S. Goding, Jr., M.D.

Associate Professor

Department of Otolaryngology

University of Minnesota Medical School

Faculty

Department of Otolaryngology

Hennepin County Medical Center

Minneapolis, Minnesota

## Andrew N. Goldberg, M.D., F.A.C.S.

Professor

Departments of Otolaryngology-Head and Neck Surgery and

Neurological Surgery

University of California, San Francisco, School of Medicine

Director

Rhinology and Sinus Surgery

**UCSF Medical Center** 

San Francisco, California

# David Goldenberg, M.D.

Associate Professor

Department of Surgery

Division of Otolaryngology-Head and Neck Surgery

Penn State University College of Medicine

Director

Head and Neck Surgery

Penn State Milton S. Hershev Medical Center

Director

Head and Neck Cancer Program

Penn State Cancer Institute

Hershey, Pennsylvania

#### Daniel O. Graney, Ph.D.

Professor

Department of Biological Structure

University of Washington School of Medicine

Seattle, Washington

#### Nazaneen N. Grant, M.D.

**Assistant Professor** 

Department of Otolaryngology-Head and Neck Surgery

Georgetown University School of Medicine and Health Sciences

Georgetown University Hospital

Washington, D.C.

## Vincent Grégoire, M.D., Ph.D., Hon.F.R.C.R.

Professor of Radiation Oncology Catholic University of Louvain

Louvain-la-Neuve, Belgium

Head of Clinics

St. Luc University Hospital

Brussels, Belgium

#### Heike Gries, M.D., Ph.D.

Assistant Professor of Anesthesiology and Pediatrics

Division of Pediatric Anesthesiology

Department of Anesthesiology and Peri-Operative Medicine Oregon Health and Science University School of Medicine

Portland, Oregon

#### Samuel P. Gubbels, M.D.

**Assistant Professor** 

Department of Surgery

University of Wisconsin-Madison School of Medicine and Public Health

Madison, Wisconsin

#### Joel Guss, M.D.

Attending Physician

Department of Head and Neck Surgery

Kaiser Permanente Medical Center

Walnut Creek, California

#### Patrick Ha, M.D., F.A.C.S.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins University School of Medicine

Physician

Johns Hopkins Head and Neck Surgery at the Greater

Baltimore Medical Center

Milton J. Dance, Jr., Head and Neck Center

Baltimore, Maryland

## Grant S. Hamilton, III, M.D.

Assistant Professor

University of Iowa Carver College of Medicine

University of Iowa Hospitals and Clinics

Iowa City, Iowa

#### Ehab Y. Hanna, M.D., F.A.C.S.

Lecturer

University of Arkansas for Medical Sciences

Little Rock, Arkansas

Professor and Vice Chairman

Department of Head and Neck Surgery

Director of Skull Base Surgery

Medical Director of Head and Neck Center

University of Texas M.D. Anderson Cancer Center

Houston, Texas

#### Lee A. Harker, M.D.

Formerly Deputy Director

Boys Town National Research Hospital

Vice Chair

Department of Otolaryngology and Human Communication

Omaha, Nebraska

#### Uli Harréus, Dr.Med.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

Ludwig-Maximilians University

Grosshadern Clinic

Munich, Germany

## Robert V. Harrison, Ph.D.

Professor and Director of Research

Department of Otolaryngology-Head and Neck Surgery

University of Toronto Faculty of Medicine

Senior Scientist

Neuroscience and Mental Health

Hospital for Sick Children

Toronto, Ontario, Canada

#### Bruce H. Haughey, M.B.Ch.B., F.A.C.S., F.R.A.C.S.

Professor and Director

Head and Neck Surgical Oncology

Department of Otolaryngology–Head and Neck Surgery Washington University in St. Louis School of Medicine

St. Louis, Missouri

## John W. Hellstein, D.D.S.

Clinical Professor of Oral and Maxillofacial Pathology University of Iowa Carver College of Medicine

Iowa City, Iowa

## **Kurt Herzer**

Marshall Scholar

Department of Social Policy and Social Work

University of Oxford

Oxford, United Kingdom

Woodrow Wilson Fellow

Departments of Public Health Studies and Anesthesiology and

Critical Care Medicine

Johns Hopkins University School of Medicine

Baltimore, Maryland

#### Michael S. Hildebrand, Ph.D.

Postdoctoral Fellow

Department of Otolaryngology

University of Iowa Carver College of Medicine

University of Iowa Hospitals and Clinics

Iowa City, Iowa

# Frans J. M. Hilgers, M.D., Ph.D.

Professor

Amsterdam Center for Language and Communication (Institute

of Phonetic Sciences)

Academic Medical Center

University of Amsterdam Emeritus Chairman

Department of Head and Neck Oncology and Surgery

The Netherlands Cancer Institute-Antoni van Leeuwenhoek

Hospital
Amsterdam. The Netherlands

#### Justin D. Hill, M.D.

Physician

Central Oregon Ear, Nose & Throat

Bend, Oregon

#### Michael L. Hinni, M.D.

Associate Professor and Residency Program Director

Mayo Clinic College of Medicine

Consultant

Department of Otolaryngology-Head and Neck Surgery

Mayo Clinic

Phoenix, Arizona

# Henry T. Hoffman, M.D., F.A.C.S.

Professor

Department of Otolaryngology-Head and Neck Surgery

University of Iowa Carver College of Medicine

Director

Voice Clinic

University of Iowa Hospitals and Clinics

Iowa City, Iowa

## Eric H. Holbrook, M.D., M.S.(Anat.)

**Assistant Professor** 

Department of Otology and Laryngology

Harvard Medical School

Associate Surgeon

Department of Otolaryngology

Massachusetts Eye and Ear Infirmary

Boston, Massachusetts

## Lauren D. Holinger, M.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

Northwestern University Feinberg School of Medicine

Division of Pediatric Otolaryngology

Children's Memorial Hospital

Chicago, Illinois

#### Allison MacGregor Holzapfel, M.D.

Volunteer Clinical Professor

Department of Otolaryngology-Head and Neck Surgery

University of Cincinnati College of Medicine

Cincinnati, Ohio

#### David B. Hom, M.D., F.A.C.S.

Professor

Department of Otolaryngology-Head and Neck Surgery

University of Cincinnati College of Medicine

Director

Facial Plastic and Reconstructive Surgery

University of Cincinnati Medical Center

Cincinnati Children's Hospital Medical Center

Cincinnati, Ohio

## John W. House, M.D.

Clinic Professor

Department of Otorhinolaryngology-Head and Neck Surgery

University of Southern California Keck School of Medicine

Associate Physician

House Clinic

President

House Ear Institute

Los Angeles, California

## Joyce Colton House, M.D.

Chief Resident

**Boston Medical Center** 

Boston, Massachusetts

#### Timothy E. Hullar, M.D.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

Washington University in St. Louis School of Medicine

St. Louis, Missouri

## Murad Husein, M.D.

Assistant Professor

London Health Sciences Centre

Victoria Hospital

Children's Hospital of Western Ontario

# Steven Ing, M.D.

Assistant Professor of Medicine

The Ohio State University College of Medicine

Columbus, Ohio

## Tim A. Iseli, M.B.B.S., F.R.A.C.S.

Staff Surgeon

Royal Melbourne Hospital

Melbourne, Victoria, Australia

## Stacey Ishman, M.D.

Assistant Professor

Department of Pediatrics

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins University School of Medicine

Director

Center for Snoring and Sleep Surgery

Johns Hopkins Hospital

Baltimore, Maryland

#### Robert K. Jackler, M.D.

Edward C. and Amy H. Sewall Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

Associate Dean

Stanford University School of Medicine

Attending Physician

Lucile Packard Children's Hospital at Stanford

Stanford, California

## Brian Jameson, D.O.

Clinical Assistant Professor

Temple University School of Medicine

Philadelphia, Pennsylvania

Attending Endocrinologist

Geisinger Wyoming Valley Medical Center

Wilkes-Barre, Pennsylvania

#### Herman A. Jenkins, M.D.

Professor and Chair

Department of Otolaryngology

University of Colorado, Denver, School of Medicine

University of Colorado Hospital

Aurora, Colorado

# Hong-Ryol Jin, M.D., Ph.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

Seoul National University College of Medicine

Seoul, Korea

## John K. Joe, M.D.\*

Assistant Professor

Department of Surgery

Division of Otolaryngology-Head and Neck Surgery

Yale University School of Medicine

New Haven, Connecticut

## Stephanie A. Joe, M.D.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

University of Illinois at Chicago College of Medicine

Director

Sinus and Nasal Allergy Center

Codirector

Skull Base Surgery

University of Illinois Hospital

Chicago, Illinois

<sup>\*</sup>Deceased

#### Gary Johnson, M.D.

Professor

Department of Obstetrics and Gynecology

Director of Gynecologic Oncology

Clerkship Director

Southern Illinois University School of Medicine

Springfield, Illinois

## Rhonda Johnson, M.Ed., Ph.D.

Assistant Professor

Department of Psychiatry

Southern Illinois University School of Medicine

Psychologist

SimmonsCooper Cancer Institute

St. John's Hospital

Memorial Medical Center

Springfield, Illinois

## Tiffany A. Johnson, Ph.D.

Assistant Professor

Department of Speech-Language-Hearing: Sciences and

Disorders

University of Kansas

Lawrence, Kansas

## Timothy M. Johnson, M.D.

Professor

Department of Dermatology and Otorhinolaryngology-Head and

**Neck Surgery** 

University of Michigan Medical School

Ann Arbor, Michigan

#### Nick S. Jones, M.D., F.R.C.S., F.R.C.S.(ORC)

Professo

Department of Otorhinolaryngology-Head and Neck Surgery

University of Nottingham

Queens Medical Centre

University Hospital

Nottingham, United Kingdom

## Sheldon S. Kabaker, M.D.

Professor

Department of Otolaryngology

University of California, San Francisco, School of Medicine

San Francisco, California

## Lucy H. Karnell, Ph.D.

Research Scientist

University of Iowa Hospitals and Clinics

Iowa City, Iowa

#### Matthew L. Kashima, M.D., M.P.H.

Assistant Professor

Johns Hopkins University School of Medicine

Chair

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins Bayview Medical Center

Baltimore, Maryland

#### Robert M. Kellman, M.D.

Professor and Chair

Department of Otolaryngology and Communication Sciences

SUNY Upstate Medical University

Syracuse, New York

## Paul E. Kelly, M.D.

Staff Surgeon

Eastern Long Island Hospital

Greenport, New York

Peconic Bay Medical Center

Riverhead, New York

## David W. Kennedy, M.D.

Professor of Rhinology

Department of Otolaryngology-Head and Neck Surgery

Vice Dean for Professional Services

University of Pennsylvania School of Medicine

Philadelphia, Pennsylvania

#### Ayesha N. Khalid, M.D.

Clinical Instructor

Oregon Health and Science University School of Medicine

Portland, Oregon

#### Merrill S. Kies. M.D.

Professor of Medicine

University of Texas M.D. Anderson Cancer Center

Houston, Texas

# Paul R. Kileny, Ph.D.

Professor

Departments of Otolaryngology and Pediatrics

University of Michigan Medical School

Academic Program Director

Audiology and Hearing Rehabilitation

University of Michigan Health System

Ann Arbor, Michigan

## David W. Kim, M.D.

Clinical Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Division of Facial Plastic Surgery

University of California, San Francisco, School of Medicine

San Francisco, California

#### Jason H. Kim, M.D., F.A.C.S.

**Assistant Professor** 

Department of Otolaryngology-Head and Neck Surgery

University of California, Irvine, School of Medicine

Orange, California

## Theresa B. Kim, M.D.

Resident

Department of Otolaryngology-Head and Neck Surgery

UCSF Medical Center

San Francisco, California

# William J. Kimberling, Ph.D.

Professor of Ophthalmology

Departments Ophthalmology and Visual Sciences and

Otolaryngology

University of Iowa Carver College of Medicine

Iowa City, Iowa

Senior Scientist

Boys Town National Research Hospital

Omaha, Nebraska

#### Jeffrey Koh, M.D., M.B.A.

Professor of Anesthesiology and Pediatrics

Oregon Health and Science University School of Medicine Chief

Division of Pediatric Anesthesiology and Pain Management

Doernbecher Children's Hospital

Portland, Oregon

## Niels Kokot, M.D.

**Assistant Professor** 

Department of Otolaryngology–Head and Neck Surgery University of Southern California Keck School of Medicine Los Angeles, California

## Peter J. Koltai, M.D., F.A.C.S., F.A.A.P.

Professor of Otolaryngology

Department of Otolaryngology-Head and Neck Surgery

Stanford University School of Medicine

Chief

Division of Pediatric Otolaryngology

Lucile Packard Children's Hospital at Stanford

Stanford, California

#### Frederick K. Kozak, M.D.

Clinical Professor

University of British Columbia Faculty of Medicine

Head

Division of Pediatric Otolaryngology

Medical/Surgical Director

Cochlea Implant Program

B.C. Children's Hospital

Vancouver, British Columbia, Canada

#### Paul R. Krakovitz, M.D.

Assistant Professor

Department of Surgery

Cleveland Clinic Lerner College of Medicine of Case Western

Reserve University

Section Head, Pediatric Otolaryngology

Head and Neck Institute

Cleveland Clinic

Cleveland, Ohio

# Russell W. H. Kridel, M.D., F.A.C.S.

Clinical Professor

Department of Otolaryngology-Head and Neck Surgery

Division of Facial Plastic and Reconstructive Surgery

University of Texas Medical School at Houston

Houston, Texas

### Parvesh Kumar, M.D.

Professor and Chair

Department of Radiation Oncology

University of Southern California Keck School of Medicine

Chair

Department of Radiation Oncology

Los Angeles County Hospital-USC Medical Center

Director

Division of Radiation Oncology

**USC Norris Cancer Center Hospital** 

Los Angeles, California

## Melda Kunduk, Ph.D.

**Assistant Professor** 

Department of Communication Sciences and Disorders

Louisiana State University School of Medicine at New Orleans

Health Sciences Center

Speech Pathologist

Department of Otolaryngology-Head Neck Surgery

Louisiana State University Health Sciences Center New

Orleans, Lourisiana

Our Lady of the Lake Voice Center

Baton Rouge, Louisiana

#### Ollivier Laccourreye, M.D.

Professor

Department of Otorhinolaryngology-Head and Neck Surgery

Paris Descartes University

Hôpital Européen Georges Pompidou

Paris, France

## JoAnne Lacey, M.D.

Assistant Professor

Department of Radiology

Division of Neuroradiology

Washington University in St. Louis School of Medicine

Neuroradiologist

Barnes-Jewish Hospital

St. Louis, Missouri

#### Stephen Y. Lai, M.D., Ph.D.

**Assistant Professor** 

Department of Head and Neck Surgery

University of Texas M.D. Anderson Cancer Center

Houston, Texas

## Devyani Lal, M.D.

Chief Resident

Department of Otolaryngology-Head and Neck Surgery

Loyola University Medical Center

Maywood, Illinois

#### Anil K. Lalwani, M.D.

Mendik Foundation Professor and Chair

Department of Otolaryngology

New York University School of Medicine

New York, New York

## Paul R. Lambert, M.D.

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

Medical University of South Carolina

Charleston, South Carolina

#### Amy Anne Lassig, M.D.

**Assistant Professor** 

Department of Otolaryngology-Head and Neck Surgery

University of Minnesota Medical School

Minneapolis, Minnesota

# Richard E. Latchaw, M.D.

Professor

Department of Radiology

University of California, Davis, School of Medicine

Director

Neuroradiology Division

Department of Radiology

UC Davis Medical Center

Sacramento, California

#### Kevin P. Leahy, M.D., Ph.D.

Assistant Professor

Department of Otorhinolaryngology-Head and Neck Surgery

University of Pennsylvania School of Medicine

Philadelphia, Pennsylvania

#### Daniel J. Lee, M.D.

**Assistant Professor** 

Department of Otology and Laryngology

Harvard Medical School

Department of Otolaryngology

Massachusetts Eye and Ear Infirmary

Boston, Massachusetts

## Ken K. Lee, M.D.

Associate Professor

Departments of Dermatology, Surgery, and Otolaryngology

Director

Department of Dermatologic and Laser Surgery

Oregon Health and Science University School of Medicine

Portland, Oregon

## Nancy Lee, M.D.

Associate Attending

Department of Radiation Oncology

Memorial Sloan-Kettering Cancer Center

New York, New York

#### Jean-Louis Lefebvre, M.D.

Professor and Chief

Head and Neck Cancer

Center Oscar Lambret

Lille, France

#### Maureen A. Lefton-Greif, Ph.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Department of Pediatrics

Johns Hopkins University School of Medicine

Speech-Language Pathologist

Johns Hopkins Hospital

Baltimore, Maryland

## Donald A. Leopold, M.D., M.S.(Bus.)

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

University of Nebraska School of Medicine

Omaha, Nebraska

# James S. Lewis, Jr., M.D.

Assistant Professor of Pathology and Immunology

Department of Anatomic and Molecular Pathology

Director, Research Histology and Tissue Microarray Laboratory

Washington University in St. Louis School of Medicine

St. Louis, Missouri

## Daqing Li, M.D.

Associate Professor

Department of Otorhinolaryngology-Head and Neck Surgery

University of Pennsylvania School of Medicine

Director

Gene and Molecular Therapy Laboratory

Director

Temporal Bone Laboratory

Hospital of the University of Pennsylvania

Philadelphia, Pennsylvania

## Timothy S. Lian, M.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Residency Program Director

Louisiana State University Health Sciences Center School of

Medicine Shreveport

Shreveport, Louisiana

## Greg R. Licameli, M.D., M.H.C.M., F.A.C.S.

Assistant Professor

Department of Otology and Laryngology

Harvard Medical School

Interim Chief

Department of Otolaryngology

Children's Hospital

Boston, Massachusetts

#### Charles J. Limb, M.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins University School of Medicine

Johns Hopkins Hospital

Baltimore, Maryland

# Jeri A. Logemann, Ph.D.

Ralph and Jean Sundin Professor

Department of Communication Sciences and Disorders

Northwestern University

Evanston, Illinois

Professor

Departments of Neurology and Otolaryngology-Head and Neck

Surgery

Northwestern University Feinberg School of Medicine

Director

Voice, Speech, and Language Service and Swallowing Center

Northwestern Memorial Hospital

Chicago, Illinois

#### Thomas Loh, M.B.B.S., F.R.C.S.

Associate Professor

Department of Otolaryngology

National University of Singapore

Senior Consultant

Department of Otolaryngology-Head and Neck Surgery

National University Hospital

Singapore

## Brenda L. Lonsbury-Martin, Ph.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

Loma Linda University School of Medicine

Senior Research Scientist

VA Loma Linda Healthcare System

Loma Linda, California

## Manuel A. Lopez, M.D.

Chief

Facial Plastic Surgery

Wilford Hall Medical Center

San Antonio, Texas

#### Rodney P. Lusk, M.D.

Director

Ear, Nose, and Throat Institute

Boys Town National Research Hospital

Omaha, Nebraska

## Lawrence R. Lustig, M.D.

Francis A. Sooy, M.D., Chair in Otolaryngology

Chief

Division of Otology and Neurotology

Department of Otolaryngology-Head and Neck Surgery

University of California, San Francisco, School of Medicine San Francisco, California

#### Anna Lysakowski, Ph.D.

Professor

Department of Anatomy and Cell Biology

University of Illinois at Chicago College of Medicine

Chicago, Illinois

## Carol J. MacArthur, M.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Oregon Health and Science University School of Medicine

Portland, Oregon

## Robert H. Maisel, M.D.

Professor

Department of Otolaryngology

University of Minnesota Medical School

Chief of Otolaryngology

Hennepin County Medical Center

Minneapolis, Minnesota

#### James P. Malone, M.D.

Associate Professor

Division of Otolaryngology

Southern Illinois University School of Medicine

Springfield, Illinois

#### Ellen M. Mandel, M.D.

Associate Professor

Department of Otolaryngology

University of Pittsburgh School of Medicine

Children's Hospital of Pittsburgh

Pittsburgh, Pennsylvania

#### Susan J. Mandel, M.D., M.P.H.

Professor and Associate Chief

Division of Endocrinology, Diabetes and Metabolism

Department of Medicine

University of Pennsylvania Health System

Philadelphia, Pennsylvania

## Scott C. Manning, M.D.

Professor

Department of Otolaryngology

University of Washington in St. Louis School of Medicine

Chief

Division of Pediatric Otolaryngology

Seattle Children's Hospital

Seattle, Washington

#### Lynette Mark, M.D.

Associate Professor

Departments of Anesthesiology and Critical Care Medicine and

Otolaryngology-Head and Neck Surgery

Johns Hopkins University School of Medicine

Johns Hopkins Hospital

Baltimore, Maryland

## Jeffery C. Markt, D.D.S.

Associate Professor and Director

Department of Otolaryngology-Head and Neck Surgery

Division of Oral Facial Prosthetics/Dental Oncology

University of Nebraska School of Medicine

Omaha, Nebraska

#### Michael Marsh, M.D.

Physician

Arkansas Center for Ear, Nose, Throat and Allergy

Fort Smith, Arkansas

# Glen K. Martin, Ph.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

Loma Linda School of Medicine

Loma Linda, California

#### Douglas E. Mattox, M.D.

Professor and William Chester Warren, Jr., M.D., Chair

Department of Otolaryngology-Head and Neck Surgery

Emory School of Medicine

Atlanta, Georgia

## Thomas V. McCaffrey, M.D., Ph.D.

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

University of South Florida College of Medicine

Program Leader and Senior Member

Head and Neck Oncology

H. Lee Moffitt Cancer Center

Tampa, Florida

## Timothy M. McCulloch, M.D., F.A.C.S.

Professor

Department of Surgery

University of Wisconsin School of Medicine and Public Health

Chair

Division of Otolaryngology-Head and Neck Surgery

University of Wisconsin Hospitals and Clinics

Madison, Wisconsin

## JoAnn McGee, Ph.D.

Scientist

Developmental Auditory Physiology Laboratory

Boys Town National Research Hospital

Omaha, Nebraska

## John F. McGuire, M.D.

Attending Physician

Department of Otolaryngology

Fallbrook Hospital

Fallbrook, California

## Jonathan McJunkin, M.D.

Resident

Department of Otolaryngology-Head and Neck Surgery

Washington University Medical Center

St. Louis, Missouri

# J. Scott McMurray, M.D.

Associate Professor

Departments of Surgery and Pediatrics

University of Wisconsin School of Medicine and Public Health

American Family Children's Hospital

Madison, Wisconsin

## Albert L. Merati, M.D.

Associate Professor and Chief

Division of Laryngology

Department of Otolaryngology-Head and Neck Surgery

Department of Speech and Hearing Sciences

University of Washington School of Medicine Adjunct Associate Professor

Seattle, Washington

#### Saumil N. Merchant, M.D.

Gudrun Larsen Eliasen and Nels Kristian Eliasen Professor of

Otology and Laryngology

Harvard Medical School

Surgeon in Otolaryngology

Massachusetts Eye and Ear Infirmary

Boston, Massachusetts

#### Anna H. Messner, M.D.

Professor

Departments of Otolaryngology-Head and Neck Surgery and

Pediatrics

Stanford University School of Medicine

Stanford, California

Vice Chair

Department of Otolaryngology-Head and Neck Surgery

Lucile Packard Children's Hospital at Stanford

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## James Michelson, M.D.

Professor

Department of Orthopedics and Rehabilitation University of Vermont College of Medicine

Medical Informaticist Fletcher Allen Health Care

Burlington, Vermont

## Henry A. Milczuk, M.D.

Associate Professor of Pediatric Otolaryngology Oregon Health and Science University School of Medicine Portland, Oregon

## Lloyd B. Minor, M.D.

Andelot Professor and Director

Department of Otolaryngology–Head and Neck Surgery Johns Hopkins University School of Medicine

Johns Hopkins Hospital

Baltimore, Maryland

## Steven Ross Mobley, M.D.

Associate Professor

Facial Plastic and Reconstructive Surgery

Department of Otolaryngology

University of Utah School of Medicine

Salt Lake City, Utah

#### Harlan Muntz, M.D., F.A.C.S., F.A.A.P.

Professo

Department of Otolaryngology-Head and Neck Surgery

University of Utah School of Medicine

Directo

Department of Pediatric Otolaryngology

Primary Children's Medical Center

Salt Lake City, Utah

## Craig S. Murakami, M.D.

Clinical Associate Professor

Department of Otolaryngology-Head and Neck Surgery

University of Washington School of Medicine

Director

Department of Facial Plastic Surgery

Virginia Mason Medical Center

Seattle, Washington

## Charles M. Myer, III, M.D.

Professor and Vice Chair

Department of Otolaryngology

University of Cincinnati College of Medicine

Director

Hearing Impaired Clinic

Cincinnati Children's Hospital Medical Center

Cincinnati, Ohio

## Robert M. Naclerio, M.D.

Professor and Chief

Department of Otolaryngology–Head and Neck Surgery University of Chicago Pritzker School of Medicine Chicago, Illinois

## Joseph B. Nadol, Jr., M.D.

Walter Augustus Lecompte Professor and Chair

Department of Otology and Laryngology

Harvard Medical School

Chief

Department of Otolaryngology

Massachusetts Eye and Ear Infirmary

Boston, Massachusetts

## Paul S. Nassif, M.D., F.A.C.S.

Assistant Clinical Professor

Department of Otolaryngology

University of Southern California Keck School of Medicine

Los Angeles, California

Partner

Spalding Drive Cosmetic Surgery and Dermatology

Beverly Hills, California

#### Julian Nedzelski, M.D.

Professor

Department of Otolaryngology

University of Toronto Faculty of Medicine

Otolaryngologist-in-Chief

Sunnybrook Health Sciences Centre

Toronto, Ontario, Canada

#### Piero Nicolai, M.D.

Professor

University of Brescia School of Medicine

Chairman

Spedali Civili

Brescia, Italy

#### David R. Nielsen, M.D.

**Executive Vice President and CEO** 

American Academy of Otolaryngology-Head and Neck Surgery

Alexandria, Virginia

## John K. Niparko, M.D.

George T. Nager Professor

Department of Otolaryngology-Head and Neck Surgery

Director

Divisions of Otology, Neurotology, Skull Base Surgery, and

Audiology

Johns Hopkins University School of Medicine

Baltimore, Maryland

## Susan J. Norton, Ph.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

Adjunct Professor

Department of Speech and Hearing Sciences

University of Washington School of Medicine

Chief

Department of Pediatric Audiology

Seattle Children's Hospital

Seattle, Washington

## S. A. Reza Nouraei, M.A.(Cantab.), M.B.B.Chir., M.R.C.S.

Researcher

The Laryngology Research Group

University College London

Academic Specialist Registrar

Charing Cross Hospital

London, United Kingdom

## Daniel W. Nuss, M.D., F.A.C.S.

G. D. Lyons Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

Louisiana State University Health Sciences Center School of

Medicine at New Orleans

New Orleans, Louisiana

#### Brian Nussenbaum, M.D.

Associate Professor of Otolaryngology

Vice Chair for Clinical Affairs

Patient Safety Officer

Washington University in St. Louis School of Medicine

Attending Surgeon Barnes-Jewish Hospital

St. Louis, Missouri

#### Rick M. Odland, M.D., Ph.D.

Associate Professor

Department of Otolaryngology

University of Minnesota Medical School

Staff Surgeon

Departmental of Otolaryngology

Hennepin County Medical Center

Minneapolis, Minnesota

## Gerard O'Donoghue, M.Ch., F.R.C.S.

Professor of Otology and Neurotology

University of Nottingham

Codirector

National Biomedical Unit in Hearing

Department of Otolaryngology

Queen's Medical Centre

Nottingham, United Kingdom

#### Eric R. Oliver, M.D.

Chief Resident

Department of Otolaryngology-Head and Neck Surgery

MUSC University Hospital

Charleston, South Carolina

#### Bert W. O'Malley, Jr., M.D.

Gabriel Tucker Professor and Chairman

Department of Otorhinolaryngology-Head and Neck Surgery

Professor of Neurosurgery

Abramson Cancer Center

University of Pennsylvania School of Medicine

Codirector

Center for Cranial Base Surgery

Codirector

Head and Neck Cancer Center

University of Pennsylvania Health System

Philadelphia, Pennsylvania

## Robert C. O'Reilly, M.D.

Clinical Associate Professor

Department of Otolaryngology and Pediatrics

Jefferson Medical College

Thomas Jefferson University

Philadelphia, Pennsylvania

Pediatric Otology/Neurotology

A. I. duPont Hospital for Children

Wilmington, Delaware

#### Juan Camilo Ospina, M.D.

Assistant Professor

Javeriana University School of Medicine

Head

Division of Otorhinolaryngology and Maxillofacial Surgery

San Ignacio University Hospital

Director

Division of Otorhinolaryngology

Roosevelt Institute

Bogota, Colombia

## Robert H. Ossoff, D.M.D., M.D.

Guy M. Maness Professor of Laryngology and Voice

Department of Otolaryngology-Head and Neck Surgery

Vanderbilt University School of Medicine

Assistant Vice Chancellor for Compliance and Corporate

Integrity

Vanderbilt Medical Center

Nashville, Tennessee

#### Kristen J. Otto, M.D.

Assistant Professor

Department of Otolaryngology and Communicative Sciences

University of Mississippi School of Medicine

Jackson, Mississippi

#### Mark D. Packer, M.D.

Assistant Clinical Professor

University of Texas Health Science Center at San Antonio

School of Medicine

San Antonio Uniformed Services Health Education Consortium

San Antonio, Texas

Staff Neurotologist

Wilford Hall Medical Center

Lackland Air Force Base, Texas

## John Pallanch, M.D.

Assistant Professor

Department of Otolaryngology

Mayo School of Graduate Medical Education

Chair

Division of Rhinology

Department of Otorhinolaryngology

Mayo Clinic

Rochester, Minnesota

## James N. Palmer, M.D.

Associate Professor

Department of Otorhinolaryngology-Head and Neck Surgery

University of Pennsylvania School of Medicine

Director

Division of Rhinology

Hospital of the University of Pennsylvania

Philadelphia, Pennsylvania

#### Stephen S. Park, M.D.

Professor and Vice Chair

Department of Otolaryngology

Director

Division of Facial Plastic Surgery

University of Virginia School of Medicine

Charlottesville, Virginia

#### Sundip Patel, M.D.

Resident

Department of Otolaryngology-Head Neck Surgery

University of Illinois Hospital

Chicago, Illinois

# G. Alexander Patterson, M.D.

Professor

Department of Surgery

Washington University in St. Louis School of Medicine

Barnes-Jewish Hospital

St. Louis, Missouri

# Bruce W. Pearson, M.D.

**Emeritus Professor** 

Department of Otolaryngology-Head and Neck Surgery

Mayo Clinic College of Medicine

Jacksonville, Florida

## Phillip K. Pellitteri, D.O., F.A.C.S.

Clinical Professor

Department of Otolaryngology-Head and Neck Surgery

Temple University School of Medicine

Philadelphia, Pennsylvania

Chief, Section of Head, Neck, and Endocrine Surgery

Department of Otolaryngology-Head and Neck Surgery

Geisinger Health System

Danville, Pennsylvania

#### Jonathan A. Perkins, D.O.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

University of Washington School of Medicine

Attending Pediatric Otolaryngologist

Seattle Children's Hospital

Seattle, Washington

## Stephen W. Perkins, M.D.

Clinical Associate Professor

Department of Otolaryngology

Indiana University School of Medicine

President

Meridian Plastic Surgeons

Meridian Plastic Surgery Center

Indianapolis, Indiana

#### Colin D. Pero, M.D.

Volunteer Clinical Faculty

University of Texas Southwestern Medical School

Dallas, Texas

Private Practice

Plano, Texas

## Shirley S. N. Pignatari, M.D., Ph.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Federal University of São Paulo

Head

Pediatric ENT Division

ENT Center of São Paulo

Professor

Edmundo Uasconcelos Hospital

São Paulo, Brazil

#### Steven D. Pletcher, M.D.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

University of California, San Francisco, School of Medicine

San Francisco, California

## Aron Popovtzer, M.D.

Physician

Davidoff Comprehensive Cancer Center

Consultant

Department of Otolaryngology

Rabin Medical Center

Petah-Tikva, Israel

# Gregory N. Postma, M.D.

Professor

Department of Otolaryngology

Medical College of Georgia

Director

Center for Voice and Swallowing Disorders

Augusta, Georgia

#### William P. Potsic, M.D., M.M.M.

Professor

Department Otolaryngology-Head and Neck Surgery

University of Pennsylvania School of Medicine

Senior Surgeon

Division of Otolaryngology

The Children's Hospital of Philadelphia

Philadelphia, Pennsylvania

#### Sheri A. Poznanovic, M.D.

Clinical Instructor

University of Colorado School of Medicine

Clinical Staff

The Children's Hospital

Denver, Colorado

Pediatric Otolaryngologist

Colorado Otolaryngology Associates

Colorado Springs, Colorado

## Vito C. Quatela, M.D.

Clinical Associate Professor

Department of Otolaryngology

University of Rochester School of Medicine and Dentistry

Quatela Center for Plastic Surgery

Rochester, New York

## C. Rose Rabinov, M.D.

Bakersfield, California

#### Virginia Ramachandran, Au.D

Senior Staff Audiologist

Department of Otolaryngology-Head and Neck Surgery

Division of Audiology

Henry Ford Hospital

Detroit, Michigan

#### Gregory W. Randolph, M.D., F.A.C.S

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Harvard Medical School

Director

Endocrine Surgery, General Otolaryngology, and General and

Thyroid Services

Massachusetts Eye and Ear Infirmary

Boston, Massachusetts

# Christopher H. Rassekh, M.D., F.A.C.S

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Chie

Division of Head and Neck Oncology

West Virginia University School of Medicine

Co-Director, Center for Cranial Base Surgery

Morgantown, West Virginia

## Steven D. Rauch, M.D.

Associate Professor

Department of Otology and Laryngology

Harvard Medical School

Coordinator

Medical Student Education

Department of Otolaryngology-Head and Neck Surgery

Massachusetts Eye and Ear Infirmary

Boston, Massachusetts

#### Lou Reinisch, Ph.D.

Professor of Physics and Head

Department of Physical and Earth Sciences

Jacksonville State University

Jacksonville, Alabama

#### Mark, A. Richardson, M.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

Dean

School of Medicine

Oregon Health and Science University

Portland, Oregon

# Gresham T. Richter, M.D.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

The University of Arkansas for Medical Sciences College of Medicine

Division of Pediatric Otolaryngology

Vascular Anomalies Center

Arkansas Children's Hospital

Little Rock, Arkansas

## James M. Ridgway, M.D.

Fellow

Facial Plastic and Reconstructive Surgery

Department of Otolaryngology-Head and Neck Surgery

University of Washington School of Medicine

Seattle, Washington

#### K. Thomas Robbins, M.D.

Director

SimmonsCooper Cancer Institute at Southern Illinois University

Professor

Division of Otolaryngology-Head and Neck Surgery

Southern Illinois University School of Medicine

Springfield, Illinois

# Frederick C. Roediger, M.D.

Resident

Department of Otolaryngology-Head and Neck Surgery

**UCSF Medical Center** 

San Francisco, California

#### Jeremy Rogers, M.D.

Chief Resident

Department of Otolaryngology-Head and Neck Surgery

**USF Medical Center** 

Head and Neck Program

H. Lee Moffitt Cancer Center

Tampa, Florida

#### Ohad Ronen, M.D., F.A.C.S.

Attending Surgeon

Department of Otolaryngology-Head and Neck Surgery

Lady Davis Carmel Medical Center

Haifa, Israel

## Richard M. Rosenfeld, M.D., M.P.H.

Professor and Chairman

Department of Otolaryngology

SUNY Downstate School of Medicine

Chairman

Department of Otolaryngology

Long Island College Hospital

Brooklyn, New York

## Bruce E. Rotter, D.M.D.

Professor

Oral and Maxillofacial Surgery

Associate Dean for Academic Affairs

Southern Illinois University School of Dental Medicine

Alton, Illinois

Consultant

Oral and Maxillofacial Surgeon

John Cochrane VA Medical Center

St. Louis, Missouri

# Jay T. Rubinstein, M.D., Ph.D.

Professor

Departments of Otolaryngology and Bioengineering

University of Washington School of Medicine

Seattle, Washington

#### Michael J. Ruckenstein, M.D., F.A.C.S., F.R.C.S.C.

Professor

Residency Program Director

Department of Otorhinolaryngology-Head and Neck Surgery

Vice Chair for Education and Academic Affairs

University of Pennsylvania School of Medicine

Philadelphia, Pennsylvania

## Zoran Rumboldt, M.D.

Associate Professor

Department of Radiology

Medical University of South Carolina

Charleston, South Carolina

#### Christina L. Runge-Samuelson, Ph.D.

Associate Professor

Department of Otolaryngology and Communication Sciences

Medical College of Wisconsin

Director

Koss Cochlear Implant Program

Children's Hospital of Wisconsin

Froedtert Hospital

Milwaukee, Wisconsin

## Leonard P. Rybak, M.D., Ph.D.

Professor

Department of Surgery

Division of Otolaryngology

Southern Illinois University School of Medicine

Springfield, Illinois

# Babak Sadoughi, M.D.

Resident and House Officer

Department of Otorhinolaryngology-Head and Neck Surgery

Montefiore Medical Center

Bronx, New York

#### John R. Salassa, M.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Mayo Clinic College of Medicine

Jacksonville, Florida

## Thomas J. Salinas, D.D.S.

Associate Professor of Dentistry Department of Dental Specialties

Mayo Clinic

Rochester, Minnesota

#### Sandeep Samant, M.D., F.R.C.S.

Associate Professor and Chief Division of Head and Neck Surgery

Department of Otolaryngology-Head and Neck Surgery

University of Tennessee College of Medicine

Director

Multidisciplinary Head and Neck Clinic University of Tennessee Cancer Institute

Memphis, Tennessee

#### Robin A. Samlan, M.S., M.B.A.

**Doctoral Student** 

University of Arizona College of Medicine

Tucson, Arizona

#### Ravi N. Samy, M.D.

**Assistant Professor** 

Department of Otolaryngology

University of Cincinnati College of Medicine

Cincinnati, Ohio

#### Henry D. Sandel, IV, M.D.

Medical Director

The Sandel Center for Facial Plastic Surgery

Annapolis, Maryland

#### Guri S. Sandhu, M.B.B.S., F.R.C.S.(ORL-HNS)

Honorary Senior Lecturer

University College London

Consultant Otolaryngologist/Head and Neck Surgeon

Charing Cross Hospital

London, United Kingdom

## Isamu Sando, M.D.

**Professor Emeritus** 

Department of Otolaryngology

University of Pittsburgh School of Medicine

Pittsburgh, Pennsylvania

## Cara Sauder, M.A., CCC-SLP

Adjunct Instructor

Division of Otolaryngology-Head and Neck Surgery

University of Utah School of Medicine

Clinical Director

Voice Disorders Clinic

University Hospital

Salt Lake City, Utah

# Jeremy A. Scarlett, M.D.

Assistant Professor

Department of Anesthesiology

Medical College of Wisconsin

Milwaukee, Wisconsin

#### Richard L. Scher, M.D., F.A.C.S.

Associate Professor and Associate Chief

Division of Otolaryngology-Head and Neck Surgery

Duke University School of Medicine

Durham, North Carolina

## David A. Schessel, M.D.

Assistant Professor

Department of Otolaryngology

Stony Brook University Medical Center School of Medicine

Stony Brook, New York

## Cecelia E. Schmalbach, M.D.

Head and Neck-Microvascular Surgery

Wilford Hall Medical Center

Lackland Air Force Base

San Antonio, Texas

## Todd J. Schwedt, M.D.

Assistant Professor of Neurology and Anesthesiology Washington University in St. Louis School of Medicine

Director

Washington University Headache Center

St. Louis, Missouri

#### James J. Sciubba, D.M.D., Ph.D.

Professor (Retired)

Otolaryngology, Head and Neck Surgery, Dermatology,

Pathology

Johns Hopkins University School of Medicine

Oral Medicine and Oral Pathology

Milton J. Dance, Jr., Head and Neck Center

Baltimore, Maryland

## Sunitha Sequeira, M.D.

Resident

Department of Otolaryngology-Head and Neck Surgery

Washington University Medical Center

St. Louis, Missouri

## Meena Seshamani, M.D., Ph.D.

Resident

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins Hospital

Baltimore, Maryland

#### Clough Shelton, M.D.

Professor and Chair

Department of Otolaryngology

Hetzel Presidential Endowed Chair in Otolaryngology

University of Utah School of Medicine

Salt Lake City, Utah

## Neil T. Shepard, Ph.D.

Professor of Audiology

Department of Otolaryngology

Mayo Medical School College of Medicine

Rochester, Minnesota

## Jonathan A. Ship, D.M.D.\*

New York University College of Dentistry

New York, New York

## W. Peyton Shirley, M.D.

Assistant Clinical Professor

Department of Otolaryngology

University of Alabama at Birmingham School of Medicine

The Children's Hospital of Alabama

Birmingham, Alabama

#### Yelizaveta Shnayder, M.D., F.A.C.S.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

University of Kansas School of Medicine

Kansas City, Kansas

## Joseph Shvidler, M.D.

Attending Physician

Department of Otolaryngology

Madigan Army Medical Center

Tacoma, Washington

## Kathleen C. Y. Sie, M.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

University of Washington School of Medicine

Director

Childhood Communication Center

Seattle Children's Hospital

Seattle, Washington

#### Daniel B. Simmen, M.D.

Center for Rhinology and Facial Plastic Surgery, Skull Base

Surgery, and Otology

Zurich, Switzerland

#### Marshall E. Smith, M.D., F.A.C.S., F.A.A.P.

Professor

Division of Otolaryngology-Head and Neck Surgery

University of Utah School of Medicine

Attending Physician and Medical Director

Voice Disorders Clinic

Primary Children's Medical Center

University Hospital

Salt Lake City, Utah

# Richard J. H. Smith, M.D.

Professor

Department of Otolaryngology

University of Iowa Carver College of Medicine

Iowa City, Iowa

### Robert A. Sofferman, M.D.

Professor and Chief

Department of Otolaryngology-Head and Neck Surgery

University of Vermont School of Medicine

Burlington, Vermont

#### Marlene Soma, M.B.B.S., F.R.A.C.S.

**ENT Clinical Fellow** 

Great Ormond Street Hospital for Children

London, United Kingdom

# Brad A. Stach, Ph.D.

Head

Division of Audiology

Department of Otolaryngology-Head and Neck Surgery

Henry Ford Hospital

Detroit, Michigan

#### Hinrich Staecker, M.D., Ph.D.

Associate Professor

Otolaryngology-Head and Neck Surgery

University of Kansas School of Medicine

Kansas City, Kansas

## Aldo Cassol Stamm, M.D., Ph.D.

Affiliate Professor

Department of Otolaryngology-Head and Neck Surgery

Federal University of São Paulo

Director

ENT Center of São Paulo

Edmundo Vasconcelos Hospital

São Paulo, Brazil

#### James A. Stankiewicz, M.D.

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

Loyola University School of Medicine

Senior Attending Staff Surgeon

Loyola University Medical Center

Maywood, Illinois

#### Rose Stavinoha, M.D.

Chief Resident

Department of Otolaryngology-Head and Neck Surgery

**USF Medical Center** 

Tampa, Florida

#### Laura M. Sterni, M.D.

Assistant Professor

Department of Pediatrics

Johns Hopkins University School of Medicine

Director

Johns Hopkins Pediatric Sleep Center

Johns Hopkins Children's Center

Baltimore, Maryland

#### David L. Steward, M.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Director of Thyroid/Parathyroid Surgery

University of Cincinnati College of Medicine

Cincinnati, Ohio

# Rose Mary S. Stocks, M.D., Pharm.D.

Professor and Residency Program Director

Department of Otolaryngology-Head and Neck Surgery

University of Tennessee College of Medicine

Memphis, Tennessee

## Holger H. Sudhoff, M.D., Ph.D.

Professor

Ruhr University Bochum School of Medicine

Bochum, Germany

Chairman and Medical Director

Department of Otorhinolaryngology-Head and Neck Surgery

Klinikum Bielefeld

Bielefeld, Germany

## John B. Sunwoo, M.D.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

Stanford University School of Medicine

Stanford Cancer Center

Stanford University Hospitals and Clinics

Stanford, California

#### Neil A. Swanson, M.D.

Professor of Dermatology, Surgery, and Otolaryngology Chair

Department of Dermatology

Oregon Health and Science University School of Medicine

Portland, Oregon

## Veronica C. Swanson, M.D.

Associate Professor

Departments of of Anesthesiology and Pediatrics

Oregon Health and Science University School of Medicine

Director

Pediatric Cardiac Anesthesia

Doernbecher Children's Hospital

Portland, Oregon

#### Robert A. Swarm, M.D.

Professor

Department of Anesthesiology

Washington University in St. Louis School of Medicine

Director

Barnes-Jewish Hospital-Washington University Pain

Management Center

St. Louis, Missouri

# Jonathan M. Sykes, M.D., F.A.C.S.

Professor

University of California, Davis, School of Medicine

Director

Facial Plastic Surgery

**UC Davis Medical Center** 

Sacramento, California

#### Luke Tan, M.B.B.S., F.R.C.S., M.Med.Sci.

Associate Professor (Adjunct)

National University of Singapore

Senior Consultant

Head and Neck Surgeon

Gleneagles Medical Centre

Singapore

## M. Eugene Tardy, Jr., M.D., F.A.C.S.

Professor of Clinical Otolaryngology

Division of Facial Plastic and Reconstructive Surgery

Department of Otolaryngology-Head and Neck Surgery University of Illinois at Chicago College of Medicine

Chicago, Illinois

#### Sherard A. Tatum, III, M.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

SUNY Upstate Medical University

Director

Division of Facial Plastic and Reconstructive Surgery

Director

Cleft and Craniofacial Center

University Hospital

Syracuse, New York

## S. Mark Taylor, M.D., F.R.C.S.C., F.A.C.S.

Associate Professor

Division of Otolaryngology-Head and Neck Surgery

Head

Section of Head and Neck Surgery

Dalhousie University Faculty of Medicine

Halifax, Nova Scotia, Canada

#### Natacha Teissier, M.D., Ph.D.

Senior Consultant

Department of Otorhinolaryngology

R. Debre Hospital

Paris, France

## Steven A. Telian, M.D.

John L. Kemink Professor of Neurotology

Department of Otolaryngology-Head and Neck Surgery

University of Michigan Medical School

Ann Arbor, Michigan

## David J. Terris, M.D.

Porubsky Distinguished Professor and Chairman

Department of Otolaryngology

Medical College of Georgia

Surgical Director

Medical College of Georgia Thyroid Center

Augusta, Georgia

#### Karen B. Teufert, M.D.

House Ear Institute

Los Angeles, California

#### J. Regan Thomas, M.D.

Francis L. Lederer Professor and Chairman

Department of Otolaryngology-Head and Neck Surgery

University of Illinois at Chicago

Chicago, Illinois

# James N. Thompson, M.D., F.A.C.S.

Clinical Professor

Department of Otolaryngology

University of Texas Southwestern Medical School

Dallas, Texas

President and CEO

Federation of State Medical Boards of the United States

## Dean M. Toriumi, M.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

Division of Facial Plastic Surgery

University of Illinois at Chicago College of Medicine

Chicago, Illinois

## Alejandro I. Torres, B.S.

Department of Biology

Seattle Pacific University

Virginia Mason Medical Center

Seattle, Washington

## Joseph B. Travers, Ph.D.

Professor

Section of Oral Biology

Department of Dentistry

Associate Professor

Department of Psychology

The Ohio State University

Columbus, Ohio

## Susan P. Travers, Ph.D.

Professor

Section of Oral Biology

Department of Dentistry

Associate Professor

Department of Psychology

The Ohio State University

Columbus, Ohio

## Terance T. Tsue, M.D., F.A.C.S.

Associate Dean of Graduate Medical Education

Douglas A. Girod, M.D. Professor of Head and Neck Surgical Oncology

Vice Chair

Department of Otolaryngology-Head and Neck Surgery

University of Kansas School of Medicine

University of Kansas Hospital

Kansas City, Kansas

#### Ralph P. Tufano, M.D.

Associate Professor

Department of Otolaryngology-Head and Neck Surgery

Johns Hopkins University School of Medicine

Director

Thyroid and Parathyroid Surgery

Johns Hopkins Hospital

Baltimore, Maryland

#### David E. Tunkel, M.D.

Associate Professor of Otolaryngology-Head and Neck Surgery,

Pediatrics, and Anesthesia-Critical Care Medicine

Johns Hopkins University School of Medicine

Director

Pediatric Otolaryngology

Johns Hopkins Hospital

Baltimore, Maryland

## Michael D. Turner, D.D.S., M.D.

New York University College of Dentistry

New York University School of Medicine

NYU Medical Center

New York, New York

## Ravindra Uppaluri, M.D., Ph.D.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery Washington University in St. Louis School of Medicine

St. Louis, Missouri

# Michael F. Vaezi, M.D., Ph.D.

Professor of Medicine and Clinical Director

Division of Gastroenterology and Hepatology

Department of Medicine

Vanderbilt University School of Medicine

Director

Clinical Research

Director

Center for Esophageal and Mobility Disorders

Vanderbilt University Medical Center

Nashville. Tennessee

## Thierry Van den Abbeele, M.D., Ph.D.

Professor

Department of Otorhinolaryngology

Paris Diderot University

Department of Otorhinolaryngology

R. Debre Hospital

Paris, France

## Michiel W. M. van den Brekel, M.D., Ph.D.

Professor

Academic Medical Center

University of Amsterdam

Department of Head Neck Oncology and Surgery

The Netherlands Cancer Institute-Antoni van Leeuwenhoek

## Mikhail Vaysberg, D.O.

**Assistant Professor** 

Department of Otolaryngology

University of Florida College of Medicine

Gainesville, Florida

## David E. Vokes, M.B.Ch.B., F.R.A.C.S.

Consultant Otolaryngologist

Head and Neck Surgeon

Auckland City Hospital

Auckland, New Zealand

## P. Ashley Wackym, M.D.

Vice President for Research

Legacy Health System

President

Ear and Skull Base Institute

Portland, Oregon

#### Tamekia L. Wakefield, M.D.

Clinical Assistant Professor

Department of Otolaryngology

University of Kansas School of Medicine

Pediatric Otolaryngologist

University of Kansas Hospital

Kansas City, Kansas

Children's Mercy Hospital

Kansas City, Missouri

## David L. Walner, M.D.

Assistant Professor of Pediatric Otolaryngology

Rush Medical College

Chicago, Illinois

Lutheran General Children's Hospital

Park Ridge, Illinois

#### Edward J. Walsh, Ph.D.

Director

Developmental Auditory Physiology Laboratory

Boys Town National Research Hospital

Omaha, Nebraska

## Rohan R. Walvekar, M.D.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

Louisiana State University Health Sciences Center School of

Medicine at New Orleans

New Orleans, Louisiana

## Tom D. Wang, M.D.

Professor of Facial Plastic Surgery

Department of Otolaryngology-Head and Neck Surgery Oregon Health and Science University School of Medicine

Portland, Oregon

#### Frank M. Warren, III, M.D.

Assistant Professor

Department of Surgery

Division of Otolaryngology-Head and Neck Surgery

University of Utah School of Medicine

Salt Lake City, Utah

#### Randal S. Weber, M.D.

Professor and Chair

Department of Head and Neck Surgery

University of Texas M.D. Anderson Cancer Center

Houston, Texas

## Richard O. Wein, M.D., F.A.C.S.

Assistant Professor

Tufts University School of Medicine

Tufts Medical Center

Boston, Massachusetts

## Gregory S. Weinstein, M.D.

Professor and Vice Chair

Department of Otorhinolaryngology-Head and Neck Surgery

University of Pennsylvania School of Medicine

Director

Division of Head and Neck Surgery

Department of Otorhinolaryngology-Head and Neck Surgery

Hospital of the University of Pennsylvania

Philadelphia, Pennsylvania

## Erik Kent Weitzel, M.D.

Adjunct Assistant Professor

F. Edward Hébert School of Medicine

Uniformed Services University of the Health Sciences

Chief

Department of Rhinology

Wilford Hall USAF Medical Center

Lackland Air Force Base, Texas

## D. Bradley Welling, M.D., Ph.D., F.A.C.S.

Professor and Chair

Department of Otolaryngology

The Ohio State University College of Medicine

Columbus, Ohio

#### Richard D. Wemer, M.D.

Clinical Faculty

University of Minnesota

Minneapolis, Minnesota Medical School

Associate Physician

Park Nicolette Hospitals and Clinics

Saint Louis Park, Minnesota

## Ralph F. Wetmore, M.D.

Professor

Department of Otorhinolaryngology-Head and Neck Surgery

University of Pennsylvania School of Medicine

Chief

Division of Otolaryngology

The Children's Hospital of Philadelphia

Philadelphia, Pennsylvania

#### Ernest A. Weymuller, Jr., M.D.

Professor

Department of Otolaryngology-Head and Neck Surgery

University of Washington School of Medicine

Seattle, Washington

## Brian J. Wiatrak, M.D.

Clinical Associate Professor of Surgery

University of Alabama at Birmingham School of Medicine

Chief

Pediatric Otolaryngology

Children's Hospital of Alabama

Birmingham, Alabama

## Gregory J. Wiet, M.B.S., M.D.

Associate Professor

Departments of Otolaryngology and Biomedical Informatics

The Ohio State University College of Medicine

Department of Otolaryngology

Nationwide Children's Hospital

Columbus, Ohio

## Richard H. Wiggins, III, M.D.

Associate Professor

Departments of Radiology, Otolaryngology-Head and Neck

Surgery, and Biomedical Informatics

Director

Imaging Informatics

University of Utah School of Medicine

Department of Oncological Sciences-Head and Neck Imaging

**Huntsman Cancer Institute** 

Salt Lake City, Utah

## Andrea Willey, M.D.

Assistant Clinical Professor

Department of Dermatology

University of California, Davis, School of Medicine

Physician

Mohs and Reconstructive Surgery and Laser Surgery

Laser and Skin Surgery Center of Northern California

Sacramento, California

Solano Dermatology Associates

Vacaville, California

# William N. William, Jr., M.D.

Assistant Professor

Department of Thoracic/Head and Neck Medical Oncology

University of Texas M.D. Anderson Cancer Center

Houston, Texas

## Glenn B. Williams, M.D.

Resident

Department of Otolaryngology-Head and Neck Surgery

University of Tennessee College of Medicine

Memphis, Tennessee

## Franz J. Wippold, II, M.D., F.A.C.R.

Professor of Radiology

Washington University in St. Louis School of Medicine

Chief of Neuroradiology

Mallinckrodt Institute of Radiology

St. Louis, Missouri

Adjunct Professor

Department of Radiology/Radiologic Sciences

F. Edward Hébert School of Medicine

Uniformed Services University of the Health Sciences

Bethesda, Maryland

Attending Neuroradiologist

Barnes-Jewish Hospital

St. Louis Children's Hospital

St. Louis, Missouri

#### Gayle Ellen Woodson, M.D.

Professor and Chair

Division of Otolaryngology

Southern Illinois University School of Medicine

Springfield, Illinois

## Audie L. Woolley, M.D.

Associate Clinical Professor of Surgery

Department of Otolaryngology

University of Alabama at Birmingham School of Medicine

Birmingham, Alabama

## Christopher T. Wootten, M.D.

**Assistant Professor** 

Department of Otolaryngology-Head Neck Surgery

Vanderbilt University School of Medicine

Division of Pediatric Otolaryngology

Vanderbilt Children's Hospital Nashville, Tennessee

# Peter-John Wormald, M.D., F.R.A.C.S., F.C.S.(SA), F.R.C.S.

Chair

Department of Otolaryngology-Head and Neck Surgery

University of Adelaide and Flinders University

Professor and Head

Department of Otolaryngology-Head and Neck Surgery

Queen Elizabeth Hospital

Adelaide, Australia

# Charles D. Yingling, Ph.D., D.A.B.N.M.

Clinical Professor

Department of Otolaryngology-Head and Neck Surgery

Stanford University School of Medicine

Stanford, California

Chief

Surgical Neuromonitoring Services

Sausalito, California

#### Bevan Yueh, M.D., M.P.H.

Professor and Chair

Department of Otolaryngology-Head and Neck Surgery

University of Minnesota Medical School

Minneapolis, Minnesota

#### Rex C. Yung, M.D.

Assistant Professor of Medicine and Oncology

Johns Hopkins University School of Medicine

Director

Pulmonary Oncology and Bronchology

Johns Hopkins Hospital

Baltimore, Maryland

#### Renzo A. Zaldívar, M.D.

Fellow

Ophthalmic Plastic and Reconstructive Surgery

Mayo Clinic

Rochester, Minnesota

## George H. Zalzal, M.D.

Professor

Departments of Otolaryngology and Pediatrics

George Washington University School of Medicine and Health

Sciences

Chief

Department of Pediatric Otolaryngology

Children's National Medical Center

Washington, D.C.

## David S. Zee, M.D.

Professor

Department of Neurology

Johns Hopkins University School of Medicine

Johns Hopkins Hospital

Baltimore, Maryland

# Marc S. Zimbler, M.D., F.A.C.S.

Assistant Professor

Department of Otolaryngology-Head and Neck Surgery

Albert Einstein College of Medicine

Director

Facial Plastic and Reconstructive Surgery

Department of Otolaryngology-Head and Neck Surgery

Beth Israel Medical Center

New York, New York

#### S. James Zinreich, M.D.

Professor

Department of Radiology

Division of Neuroradiology

Johns Hopkins University School of Medicine

Baltimore, Maryland

## Teresa A. Zwolan, Ph.D.

Associate Professor

Department of Otolaryngology

University of Michigan Medical School

Director

Cochlear Implant Program

University of Michigan Health System

Ann Arbor, Michigan



# **Preface**

The fifth edition of *Cummings Otolaryngology–Head and Neck Surgery* is written in response to the vast expansion of medical knowledge and technological advancements impacting our specialty and presents the most up-to-date information, covering new topics from surgical robotics and image guidance to evidence-based performance measurements. Nonetheless, we have worked hard to keep the fifth edition concise, removing overlapping content to make for easier reading, yet still covering in detail all major developments in the field.

Building on the success of the past four editions, the fifth edition also reflects a technology-driven change in curriculum, featuring access to the Expert Consult website, with text and images from the book as well as online video demonstrating the ACGME Key Indicator Procedures. The video component provides residents with a new opportunity to better understand the critical elements of these core procedures.

As with past editions, the field of otolaryngology—head and neck surgery is represented in all of its diversity. The table of contents has been restructured to reflect the extensive interrelationship of its various components. Every chapter contains Key Points at the start and a "most relevant" Suggested Readings list. A full reference list for each chapter is available online to supplement the overall content. Combined with the online version, the fifth edition remains the definitive resource for our specialty.

In acknowledgement of all those who have contributed to the specialty, the list of authors includes worldwide representation. Adding to excellence at the editorship level, Drs. Valerie Lund and John Niparko have assumed leadership roles, and Dr. Howard Francis has assumed an associate editorship position for the online video content. Through the combined effort of all contributors, our goal is to further the education of those now associated with otolaryngology—head and neck surgery and provide a foundation for continued progress by the generations to follow.



# **Acknowledgments**

For those individuals privileged to serve and train under Dr. Charles Cummings, we recognize him as mentor, colleague and friend, physician and healer; we are grateful for his leadership and everlasting imprint on our mission in academic medicine.

Charlie, thank you. From your student, colleague, and friend,

Paul W. Flint

It has been a distinct honor and pleasure to be part of the editorial and publishing team assembled for this edition of *Cummings Otolaryngology—Head and Neck Surgery*. The authors have been tireless in their efforts and have worked strongly to produce chapters that are truly comprehensive in scope and depth. My sincere thanks goes to each one of them and their families, who inevitably have put up with liberal amounts of "burning the midnight oil." My loyal assistant of 20 years, Debbie Turner, has kept us to our deadlines and liaised with both authors and publishers in a highly organized way, while my office nurses have provided generous amounts of patient care to cover for my time away from the front lines during this textbook's creation. Similarly, the residents and fellows at Washington University in St. Louis have "held the fort" when necessary.

The ability to purvey knowledge starts, and continues, with one's education, for which thanks goes to my parents, the late Thomas and Marjorie Haughey, my teachers, medical professors, Otolaryngology residency mentors in Auckland, New Zealand, and at the University of Iowa, and colleagues in the specialty, from whom I have and will continue to learn.

My family has unswervingly endorsed the time required for this project, so heartfelt love and thanks go to my wife, Helen, as well as to Rachel and Jack, Chris, Will and Rachel, and Gretchen.

Finally, as we enjoy the teaching of this book and its ensuing online components, I try to keep in mind the source of all knowledge and truth: in the words of Proverbs 2 v.6 "...the Lord gives wisdom and from his mouth come knowledge and understanding." My sincere hope is that the readers everywhere will benefit from this textbook, better accomplishing our specialty's common goal of top quality patient care.

Bruce H. Haughey

I would like to thank Paul Flint and his colleagues for inviting me to participate in this prestigious project, the publishers for their exemplary efficiency in its management, and my partner, David Howard, for his constant support and encouragement.

Valerie J. Lund

Otolaryngology is a specialty of immense power. Scholarly work such as this text shows that in the tools of our specialty is the potential to address unmet challenges. I am grateful to Drs. Charles Cummings and Paul Flint, who showed confidence in me in inviting me to join a marvelously collaborative editorial team, and to the many chapter authors who have given their very best efforts in composing this essential resource.

My work is dedicated to those who have provided my guidance. To my parents, my family, my colleagues, and my ever thoughtful patients, you have taught me the importance of dedication to others and that true compassion is shown in action. Through you I've learned that this is not a world of scarcity but one of abundance that is to be shared.

John K. Niparko

The process of learning is truly lifelong. Participating in the creation of this text allows another way for me to continue to become invigorated and inspired by my specialty field. To my invaluable support mechanism, my wife, children, and family: Thank you.

Mark A. Richardson

I am deeply appreciative and honored to again serve as an editor of this important book. I would like to take this opportunity to recognize some individuals who have influenced my career: John Fredricksen; Douglas Bryce; the late Sir Donald Harrison; Robert Byers; Oscar Guillamondegui; Helmuth Goepfert; Robert Jahrsdoerfer; Charles Cummings; and the late Edwin Cocke. Also, I would like to remember and honor my parents, the late Elizabeth and Wycliffe Robbins, for the values they instilled in me. Finally, and http://www.us.elsevierhealth.com/product.jsp?isbn=9780323052832&elsca1=doodys&elsca2=PDF&elsca3=Flint9780323052832&elsca4=frontmatter

#### xxxii Acknowledgments

most of all, I cherish the love and support of my wife, Gayle Woodson, and the children, Phil, Nick, Greg, and Sarah, who together provide the caring background for making it all meaningful.

## **K. Thomas Robbins**

It is a great privilege and honor to serve as an editor for this outstanding textbook. Although the knowledge base for our specialty and indeed all of medicine is continually evolving and growing, this contribution serves otolaryngologists and their patients throughout the world with the current expertise required for best ultimate treatment. As an academic department head, I treasure the wealth of information available to my resident physicians in training. As an individual who has centered his career in a subspecialty of Otolaryngology, I am especially proud to help enhance the information available to the reader in the area of Facial Plastic and Reconstructive Surgery.

On a personal note, I want thank and acknowledge the great help and assistance I received from my administrative assistant, Denise McManaman, in editing this textbook. Her tireless work ethic is always admirable and appreciated. Finally, thank you to my wife, Rhonda, and my children, Ryan, Aaron, and Evan, for their enthusiastic and never-wavering support in my professional activities.

J. Regan Thomas

# **Video Contents**

# Available online at www.expertconsult.com

# **Key Indicator Videos**

Howard W. Francis, M.D., Associate Editor Nasir Bhatti, M.D., Assistant Editor Kulsoom Laeeq, M.D., Assistant Editor Jay Corey, Videographer Johns Hopkins University, Baltimore, Maryland

1	Parotidectomy, Joseph Califano, M.D.	5	Tympanoplasty, Charles Limb, M.D.
2	Selective Neck Dissection-Levels II-IV, Sandeep	6	Mastoidectomy, Howard W. Francis, M.D. <sup>†</sup>
	Samant, M.D.*	7	Stapedectomy, Howard W. Francis, M.D. <sup>†</sup>
3	Laryngectomy, Jeremy Richmon, M.D., and	8	Rhinoplasty, Ira D. Papel, M.D., and
	Patrick Ha, M.D.		Taha Shipchandler, M.D.
4	Thyroid/Parathyroidectomy, Ralph Tufano, M.D.,	9	Ethmoidectomy, James A. Stankiewicz, M.D.,
	and Kavita Pattani. M.D.		Devvani Lal. M.D., and Kevin Welch, M.D.*

Note: Additional videos will be added to the website as they become available.

# **Videos Submitted by Chapter Authors**

Videos	oublinetou by onaptor Authors		
Chapter 4B	Validation/Dissemination of Temporal Bone Dissection Simulation	Chapter 113	Primary TEP Secondary TEP Standard Secondary TEP Alternative
Chapter 49	Fronto-Ethmoidal Osteoma		Short Myotomy of Upper Esophageal Sphincter Sectioning of SCM Muscles
Chapter 51	Primary Endoscopic Sinus Surgery (see Key Indicator Video 9) Preoperative CT Review Injections Maxillary Antrostomy		Replacement of Provox2 Patient Speaking with an Automatic Valve (counting, telling days of the week in Dutch) Videofluoroscopy of Tracheoesophageal Voicing
	Complete Ethmoidectomy Sphenoidotomy Skull Base Dissection	Chapter 121	Selective Neck Dissection-Levels II-IV (see Key Indicator Video 2)
		Chapter 129	Left Superior Canal Dehiscence Repair
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Chapter 57	HSDI vs. STROBE: Normal Voice with HSDI HSDI vs. STROBE: Normal Phonation Onset with HSDI Playback Rate 30 fps HSDI vs. STROBE: Normal Phonation Onset with HSDI Playback Rate 150 fps HSDI vs. STROBE: Normal Voice with Strobe HSDI vs. STROBE: Patient 1 with Hx of Cancer— HSDI Playback Rate 20 fps HSDI vs. STROBE: Patient with Hx of Cancer— STROBE: T1ca1 NBI 1		

<sup>\*</sup>This Key Indicator Video was submitted by the chapter author(s) and was not



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